



TENSHO GOJU KARATE NEWS

URBAN COMBAT SURVIVAL

CLASS SCHEDULE

Monday's & Wednesday's

7:00 pm – 8:00 pm EST
Prince George, VA

(Beginners Class)

6:00 pm – 7:00 pm EST
In Person & Virtual

Saturday's

11:00 am – 12:00 pm CST
Lawton Dojo
12:00 pm – 1:00 pm EST
Honbu Dojo, VA & Virtual

Virtual Zoom Class
[Click Here](#)

Private Lessons
Coordinate Schedule

ADDITIONAL SERVICES

- Self Defense Seminars
- Cardio Fitness Kickboxing
- Active Shooter Fight Back



GET STARTED RIGHT AWAY

We offer “**First Month Free Classes**” to allow students time to adjust in the class environment and teaching structure. We ask everyone to please complete the Entry Enrollment Form on our website by [clicking here](#).

QUESTIONS & ANSWERS

Q: Do I have to sign a contract?

A: No! We do not believe in contracts to lock people into attending classes. We have an integrity based monthly tuition payment system. Tuition is due on the 1st or the 15th depending on the date of enrollment. Unless otherwise directed by the instructor.

Q: Is there a discount for large families?

A: We pride ourself in making every effort to keep cost affordable for all to participate. In addition, we have scholarships available upon request.

Q: Can parents take classes with their child?

A: Absolutely! We highly encourage families to train together, as this promotes quality time, to include benefits of collective physical conditioning and learning how to protect oneself.

Q: Is there a fee for Online Training?

A: Yes

Q: What do I need to get started?

A: You can wear sweat pants and T-shirt for your first few sessions and then we encourage you to purchase a uniform (gi) available at the academy. Optional wear: Tensho Goju designed T-Shirts will be available soon for purchase in our Merchandise store.

****All Classes Listed are In-Person and Virtual.***

“No Contract Lock In”



CONTACT US

Tensho Goju Academy

Tel: 804.396.3636

Website: www.teshogoju.com

BENEFITS OF TRAINING TENSU GOJU KARATE

There are many benefits students gain from their training, which include instilling discipline and respect, building self-esteem and confidence, as well as rigorous physical conditioning to improve body tone and health. Moreover, we have an academic incentive program to encourage our students to obtain grade averages of all A's or A's & B's. Students who achieve these grade levels will be recognized at the end of the school year in our Academic Achievement Award ceremony.

WHAT'S NEW

Students can make payments for classes and purchase other essential items in our **Merchandise** area, which is located on the top menu of our website.

OUR HEADQUARTERS (HONBU 本部道場)

Our main headquarters is located at the Founders' residence in Prince George, VA, where small group and private lessons are held. Anyone wishing to attend training with Mr. Felder must complete the Enrollment Form ([Click Here](#)).

GOOD TO KNOW

Dealing with the daily challenges of life is enough without the added worries of personal safety for you and your loved ones. Isn't it better to know how to defend yourself if the situation should arise, rather than not knowing? Don't become a victim statistic—learn the necessary skills to protect yourself and your loved ones. Our training will equip you by instilling the mental, physical, and spiritual confidence necessary to survive a hostile encounter. In addition, it develops social awareness, builds self-esteem, and improves overall health.

"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." — 2 Timothy 1:7

The time for enrolling is now, so let's go! We look forward to seeing you in our next scheduled class.

Respectfully,

Thomas L. Felder

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Website: www.teshogoiu.com



TENSU GOJU
Karate/Aiki-Jitsu