

TENSHO GOJU ACADEMY TIMES

SELF DEFENSE

URBAN COMBAT SURVIVAL

CLASS SCHEDULE

Tuesday's & Thursday's

Lil Tigers (5-7)

5 :15 pm – 6:00 pm

Fighting Tigers (8-15)

6:00 pm – 7:00 pm

Fighting Tigers (16 – Adults)

7:00 pm – 8:15 pm

Private Lessons – on call

COMMUNITY SERVICES

- Self Defense Seminars
- Cardio Fitness Kickboxing
- Demonstrations



GET STARTED RIGHT AWAY

We offer a “Free” first class to help break the ice and allow the opportunity to decide if our academy is the right choice for you. Just complete the short Enrollment Form on our website and show up in comfortable attire during our regular class session.

QUESTIONS & ANSWERS

Q: Do I have to sign a contract?

A: No! We do not believe in contracts to lock people into attending classes. We have a monthly tuition system of integrity. Monthly tuition is due on the 1st or the 15th depending on enrollment date.

Q: Is there a discount for large families?

A: Yes, families with three or more members enrolled get \$10 off the third member and any additional family member following.

Q: Can parents take classes with their child?

A: Absolutely; Families can enroll in the same class. Also, a parent or guardian can participate in the first free class with their child.

Q: Is there a discount for Soldiers and College Students?

A: Soldiers and enrolled college students residing on campus receive a monthly \$5 discount. Students must show current proof of enrollment and ID.

Q: What do I need to get started?

A: You can wear sweat pants and T-shirt for your first few sessions and then we encourage you to purchase a uniform (gi) available at the academy \$40. Optional wear: Tensho Goju designed T-Shirts can be purchased at the Central Mall for \$25.

“No Contract Lock In”



CONTACT US

Tensho Goju Academy

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Tel: 580.583.8580

Website: www.teshogoku.com

BENEFITS OF TRAINING TENSHO GOJU KARATE

There are many benefits students gain from their training, which consist of instilling discipline, respect, building self-esteem, confidence, as well as challenging physical conditioning for body tone and health improvement. Moreover, we have an academic incentive program, which our students are encouraged to obtain academic grade averages of all A's or A's & B's in order to obtain the end of school year Academic Achievement Award ceremony.

TRAINING CURRICULUM

The Tensho Goju Academy training curriculum covers a variety of training approaches covered on our Monthly Training Focus. In addition, each registered student at the headquarters will receive “free” access to our online Home Training Program with 100's of instructional videos for reviews and to help improve skills. Students that are not enrolled at the headquarters can obtain access with a \$25 monthly donation. Outdoor Weapons Seminars with the Founder will be held locally twice a year and once a year at remote locations with a nominal participation fee.

OUR HEADQUARTERS FACILITY

We are located about 8 minutes from Ft. Sill and highway I-44. We have a wonderful family room with a large screen TV and movies for family entertainment, two bathrooms and 1500 Sq Ft. of training area with mats for added safety.

WRAP UP

It's enough for children and adults to deal with the daily pressures of life with school, work and caring for their families, without the unnecessary added worries of personal safety consequential to the violence in our society. There is no safe haven and we should not live life in fear. Hostile assaults can be unpredictable and can occur at any time, any place and to anyone. The training we provide is credible with efficient methods for detaining or surviving a hostile attack. Why not enroll in our program which will sharpen your mind in terms of social awareness, along with and safety precautions and effective countermeasures. In addition, our training will condition your body to improve health and appearance, as well as instill positive spiritual growth to feel better about yourself and others -This is the way of Tensho Goju.

OUR ACADEMY



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TENSHO GOJU ACADEMY
Karate/Aiki-Jitsu